



# THREADS OF CARE- MODULE Z

# THREADS OF CARE

**Cognition**

**Ethics**

**Family & Family  
Support**

**Person Centered  
Care**

**Infection  
Prevention**

**Dignity**

**Anatomy &  
Physiology**

**Documentation**

**Legal**

**Rights**

**Body Mechanics**

**Critical Thinking**

**Safety**

**Communication**

**Pain**

# MODULE Z

## SCENARIOS

**You have a resident that is recovering from a respiratory illness. As the nurse aide, you anticipate the need for rest periods during ambulation and recognize that the resident may walk less distance than normal.**

# THREADS OF CARE (2)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**You have a resident that is recovering from a respiratory illness. As the nurse aide, you anticipate the need for rest periods during ambulation and recognize that the resident may walk less distance than normal.**

THREADS OF  
CARE (3)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**When providing a bed bath, the nurse aide exposes one body part at a time.**

THREADS OF  
CARE (4)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z SCENARIOS

**When providing a bed bath, the nurse aide exposes one body part at a time.**

## THREADS OF CARE (5)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

Prior to getting a resident OOB, the nurse aide always ensures the bed is locked.

THREADS OF  
CARE (6)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z

## SCENARIOS

**Prior to getting a resident OOB, the nurse aide always ensures the bed is locked.**

# THREADS OF CARE (7)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
 Safety	Communication	Pain	



MODULE Z  
SCENARIOS

You are changing a resident’s linens and need to raise the bed to waist height.

THREADS OF  
CARE (8)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

You are changing a resident's linens and need to raise the bed to waist height.

THREADS OF  
CARE (9)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

You need to turn Mrs. Smith on her side. You understand that repositioning her every 2 hours is important in preventing skin breakdown.

THREADS OF  
CARE (10)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

You need to turn Mrs. Smith on her side. You understand that repositioning her every 2 hours is important in preventing skin breakdown.

THREADS OF  
CARE (11)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

The resident’s care plan calls for the resident to wear knee- high anti-embolism stockings. As a nurse aide, you check the stockings to ensure they belong to the right resident.

THREADS OF  
CARE (12)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

The resident’s care plan calls for the resident to wear knee- high anti-embolism stockings. As a nurse aide, you check the stockings to ensure they belong to the right resident.

THREADS OF  
CARE (13)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**Your resident has an infection and you must put on gloves, gown and mask to provide care and remove them properly after completing care.**

THREADS OF  
CARE (14)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**Your resident has an infection and you must put on gloves, gown and mask to provide care and remove them properly after completing care.**

THREADS OF  
CARE (15)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	



# MODULE Z

## SCENARIOS

The nurse aide has been directed by the nurse to apply a vest restraint to a resident. The nurse aide understands that prior to applying the restraint, there must be a doctor’s order to do so and that the nurse aide must be taught to apply and secure prior to applying the restraint.

# THREADS OF

## CARE (16)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z

## SCENARIOS

The nurse aide has been directed by the nurse to apply a vest restraint to a resident. The nurse aide understands that prior to applying the restraint, there must be a doctor's order to do so and that the nurse aide must be taught to apply and secure prior to applying the restraint.

# THREADS OF CARE (17)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z

SCENARIOS

You are about to give Mrs. Smith a bath and you check the water temperature.

THREADS OF  
CARE (18)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety		Pain	

MODULE Z  
SCENARIOS

You are about to give Mrs. Smith a bath and you check the water temperature.

THREADS OF  
CARE (19)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

Prior to getting Mrs.  
Jones dressed, you give  
her a choice of  
clothing.

THREADS OF  
CARE (20)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

Prior to getting Mrs. Jones dressed, you give her a choice of clothing.

THREADS OF  
CARE (21)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**You are the nurse aide for Mrs. Jones and you provide perineal care during her bed bath. You use a clean area of the washcloth for each stroke during perineal care.**

THREADS OF  
CARE (22)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

THREADS OF  
CARE (23)

You are the nurse aide for Mrs. Jones and you provide perineal care during her bed bath. You use a clean area of the washcloth for each stroke during perineal care.

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	



MODULE Z  
SCENARIOS

You properly don and  
remove PPE to protect  
yourself and other  
residents.

THREADS OF  
CARE (24)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

THREADS OF  
CARE (26)

You properly don and  
remove PPE to protect  
yourself and other  
residents.

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z

## SCENARIOS

**When helping residents who are blind, the nurse aide tells the resident where food is located using a face of an imaginary clock.**

# THREADS OF CARE (27)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When helping residents who are blind, the nurse aide tells the resident where food is located using face of an imaginary clock.

THREADS OF  
CARE (28)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When providing mouth care, only the nurse aide knows how well mouth care was performed.

THREADS OF  
CARE (29)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When providing mouth care, only the nurse aide knows how well mouth care was performed.

THREADS OF  
CARE (30)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**There may be consequences if certain cases of facility acquired infections can be traced back to poor hand hygiene.**

THREADS OF  
CARE (31)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**There may be consequences if certain cases of facility acquired infections can be traced back to poor hand hygiene.**

THREADS OF  
CARE (32)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	



# MODULE Z

## SCENARIOS

**The nurse aide knows that it is illegal to record a guess or write down a value near or equal to a previous vital sign obtained by someone else when the nurse aide is unsure of the value obtained.**

# THREADS OF CARE (33)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

THREADS OF  
CARE (34)

**The nurse aide knows that it is illegal to record a guess or write down a value near or equal to a previous vital sign obtained by someone else when the nurse aide is unsure of the value obtained.**

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z

## SCENARIOS

**When assisting a resident to the bathroom or obtaining a urine specimen, the nurse aide knows that a change of appearance in the urine should be reported to the nurse since this may signal other health problems.**

# THREADS OF CARE (35)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z SCENARIOS

**When assisting a resident to the bathroom or obtaining a urine specimen, the nurse aide knows that a change of appearance in the urine should be reported to the nurse since this may signal other health problems.**

# THREADS OF CARE (36)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When offering a bedpan or a urinal, the nurse aide raises the bed to a comfortable working height.

THREADS OF  
CARE (37)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When offering a bedpan or a urinal, the nurse aide raises the bed to a comfortable working height.

THREADS OF  
CARE (38)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When transferring a resident from the bed to the wheelchair, the nurse aide explains what will be done, step-by-step, so the resident can help as much as possible.

THREADS OF  
CARE (39)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

# MODULE Z SCENARIOS

When transferring a resident from the bed to the wheelchair, the nurse aide explains what will be done, step-by-step, so the resident can help as much as possible.

# THREADS OF CARE (40)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	



MODULE Z  
SCENARIOS

**When providing catheter care, the nurse aide knows to wash the catheter in a careful manner as not to pull on the catheter.**

THREADS OF  
CARE (41)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**When providing catheter care, the nurse aide knows to wash the catheter in a careful manner as not to pull on the catheter.**

THREADS OF  
CARE (42)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**When assisting with dining and feeding, the nurse aide is aware of choking possibilities during feeding and is prepared to perform relief of choking.**

THREADS OF  
CARE (43)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

THREADS OF  
CARE (44)

**When assisting with dining and feeding, the nurse aide is aware of choking possibilities during feeding and is prepared to perform relief of choking.**

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

**When assisting with dining and feeding, the nurse aide is mindful of cultural and religious considerations related to nutrition.**

THREADS OF  
CARE (45)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When assisting with dining and feeding, the nurse aide is mindful of cultural and religious considerations related to nutrition.

THREADS OF  
CARE (46)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

The resident has the  
right to refuse care.

THREADS OF  
CARE (47)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

The resident has the  
right to refuse care.

THREADS OF  
CARE (48)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	



MODULE Z  
SCENARIOS

**When performing range of motion on a resident, the nurse aide stops the exercise if any joint pain occurs.**

THREADS OF  
CARE (49)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	

MODULE Z  
SCENARIOS

When performing range of motion on a resident, the nurse aide stops the exercise if any joint pain occurs.

THREADS OF  
CARE (50)

Cognition	Ethics	Family & Family Support	Person Centered Care
Infection Prevention	Dignity	Anatomy & Physiology	Documentation
Legal	Rights	Body Mechanics	Critical Thinking
Safety	Communication	Pain	